



**Mixed Salads**

Lettuce, feta, tomato, olives, peppers, onion rings	65,00 N\$
Lettuce, tuna, tomato, olives, peppers, onion rings	68,00 N\$
Lettuce, slices of grilled chicken, tomato, egg, olives, onion rings	75,00 N\$

**Soup**

Butternut soup with homemade bread	45,00 N\$
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**Dessert**

Home Pancake with Syrup	20,00 N\$
Slice of cake	15,00 N\$
Glutenfree muffin with jam	15,00 N\$
Bananamuffin	10,00 N\$
Fruit Salad on season	25,00 N\$
Penduka bread	6,00 N\$

**Enjoy**

A cup of coffee or tea and a biscuit	15,00 N\$
A cup of coffee or tea and a Penduka bread	20,00 N\$
Cappuccino	22,00 N\$
Espresso	18,00 N\$

**Breakfast**

Breakfast is also available, please ask for separate menue



**penduka**  
namibia



**You are very welcome at Penduka**

**Appreciate the beautiful view on the terrace  
and enjoy what our kitchen is preparing for you**





## Main Course

### **Traditionally food from Ovamboland**

Ondjuhwa yoshiwambo & Oshifima	
Half chicken with Mahangu porridge	90,00 N\$
Full chicken with Mahangu porridge	180,00 N\$
Oshifima - Mahangu porridge	15,00 N\$
Ekaka – Owambo	20,00 N\$
Mopane – Fried worms	15,00 N\$

### **Chicken**

#### **African grilled chicken**

Chicken breast, tagiatelle, onion mustard sauce and Mixed vegetables	80,00 N\$
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#### **Chicken Palava**

Fried chicken fillet in a mix with spinach and a taste of Peanut butter, served with rice	88,00 N\$
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### **Beef**

Grilled Beef Steak served with carrot sauce, grilled rosemary spiced peppers and chips	95,00 N\$
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### **Lamb**

Lamb Chops	
Served with vegetables, rice or baked potatoes	80,00 N\$

### **Fish**

Fish`n Chips	
Hake fillet fried in breadcrumbs, fresh lemon and chips	90,00 N\$

### **Bobotie**

Minced meat with delicious spices – try!	70,00 N\$
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## Light Meals

### **Vegetarian meal**

<b>Chakalaka</b> - vegetables hot and spicy - with rice	55,00 N\$
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### **Spinach Quiche with cheese**

Vegetable quiche with feta and a green salad	79,00 N\$
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### **Chips**

And Russian, tomato sauce or chilli sauce	35,00 N\$
And Hake fis fillet, creamy lemon & sauce	65,00 N\$

### **Chapati**

A flat dough cake filled with minced meat, carrots, Swiss spinach and spring onions	40,00 N\$
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### **Omelettes**

Served with toast and butter	
Plain	30,00 N\$
Bacon, cheese and tomato	59,00 N\$
Swiss spinach, feta, onion	50,00 N\$
Ham and cheese	45,00 N\$

### **Toast**

Cheese and tomato	32,00 N\$
Cheese, ham and tomato	45,00 N\$
Chicken, pepper, onion and mayonnaise	55,00 N\$

### **PITA bread**

Filled with tender grilled chicken, green salad and Sour cream	72,00 N\$
Filled with minced meat, spinach and tomato	72,00 N\$

